



THE LUNG CENTRE

Centre for Excellence in Allergy, Asthma, Sleep Disorders & Tuberculosis.

OBSTRUCTIVE SLEEP APNEA



INDICATIONS OF SLEEP APNOEA STUDY TESTING

- Snoring • Diabetes Stroke • Heart Failure • Myocardial Infarction
- Hypertension Breathlessness: Asthma and COPD • Obesity
- Excessive Daytime sleeping

Obstructive sleep apnea occurs when the muscles that support the soft tissues in your throat, such as your tongue and soft palate, temporarily relax. When these muscles relax, your airway is narrowed or closed, and breathing is momentarily cut off.

This can lower the level of oxygen in your blood and cause a buildup of carbon dioxide.



Testing includes an overnight sleep study called a polysomnogram (PSG) under the direct supervision of our trained technologist. During this test, a variety of body functions, such as the electrical activity of the brain, eye movements, muscle activity, heart rate, breathing patterns, air flow, and blood oxygen levels are recorded at night during sleep. After the study is completed, the number of times breathing is impaired during sleep is tallied and the severity of the sleep apnea is graded.

Dr. Subramanian Natarajan

MD (Chest)
Dip. in Allergy
Fellowship in Allergy.



Dr. Subramanian Natarajan has been a practicing Pulmonologist and Sleep Apnea and Allergy Specialist for the past 15 years. He has conducted more than 2000 sleep studies and 5000 allergy skin prick tests giving majority of his patients an apnea free sound peaceful sleep and allergy free life.

Expertise and rankings:

Experience: Lung Centre doctors trained in sleep medicine have extensive experience in diagnosing and treating adults and children with obstructive sleep apnea and other sleep disorders. More than 1,000 patients receive care for obstructive sleep apnea at Lung Centre clinics each year.

Specialized care: Lung Centre offers a sleep disorders center staffed by specialists trained in diagnosing and treating sleep disorders. We have a latest state of the art Advanced ALICE 6 PDX Sleep System Laboratory.



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Contact.: 99875 17700 For Appointment